

# 2022-2023 GROWING OUR FUTURE

Creating a Better World...One Classroom at Time!

[www.paradisnaturallivingsociety.org](http://www.paradisnaturallivingsociety.org) | +254 708 163861



# About Us



"PROVIDING HOPE & HELP TO HUMANITY"

**Paradise Natural Living Society** (PNLS) is a charitable organization duly registered under the Society's Act, Laws of Kenya. We are an Organization devoted to the improvement of sustainable agriculture in Kenya through the use of organic farming. Our foremost goals will be to demonstrate the principles and practical application of Natural (organic farming) to members, promote the organic sector, educate the public on benefits of organic food, healthy lifestyle, and farming, to protect the organic product integrity as well as to create environmental awareness & preservation programs via workshops and other community outreaches.

PNLS is also dedicated to educating and training the young minds for tomorrow. We believe that if we can imbue students with a love for knowledge, respect for life and environment; and to always seek the truth; then we can create better outcomes for their communities and ultimately humanity.



# Our Staff



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Our staff is headed up by highly competent and dedicated educational professionals:

- Anthony (Sar) Briggs Sr. - MA Mathematics ED. & Educational Specialist
- Wanjiku Kanyiri - Early Childhood/Administration
- Hoshayah e. Yatsiliel - Nutritionist/Administration
- Nashamyah Briggs - Early Childhood Assistant
- Keniyah Henry - Physical Health
- Dr. Quincy Burgess - Advisor



# TYPE OF LEARNERS

## **VISUAL**

Through use of visual tools we engage the mind of the student.

## **AUDITORY**

We listen to the student to understand how they learn.

## **READING**

Students explore the world through books and acclaimed authors.

## **KINESTHETIC**

We are hands-on and giving practical and functional knowledge based systems.

## **GREATER OUTCOMES**

Provides a tailored, standards-based curriculum that fits the needs and potential of the individual learner, and emphasizes deep understanding of important concepts and the development of essential skills, as aligned with year level content and achievement standards.

## **LIFE-LONG LEARNING**

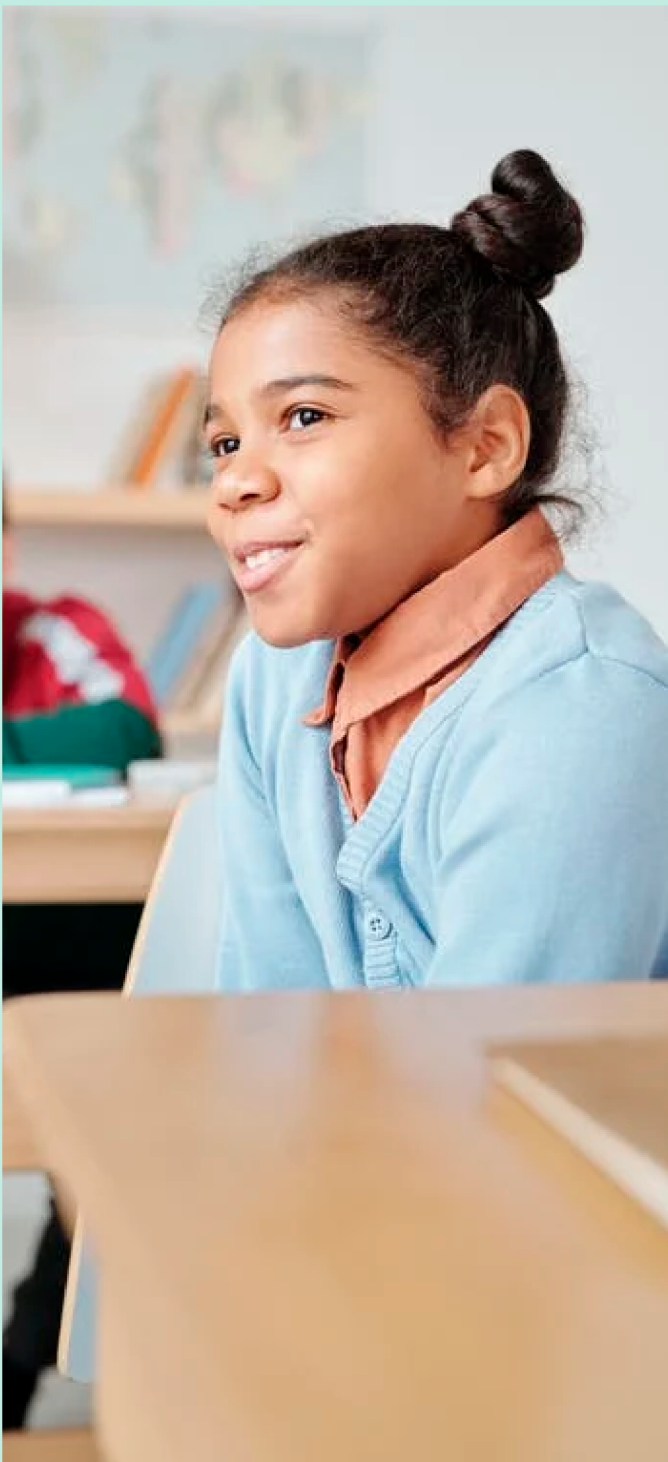
Lays the foundation for lifelong learning by using an approach that makes connections across the disciplines to reinforce important concepts and assist students in thinking critically and applying what they have learned to solve real-world problems.

## **SKILLS BASED**

Provides quality, adaptable teaching that uses various teaching styles, (direct instruction, cooperative learning, project-based learning, hands-on learning, and integrated technology) to teach to each individual learning styles, giving each student equal opportunity to comprehend.

## **WHOLISTIC LIFE SKILLS**

Provides opportunities for learning to be enhanced both indoors and outdoors through movement, arts, dance, animals and the meaningful and relevant application of computing and technological skills for the future.



# Our Vision

- An education that nurtures Afro-centricism, self-confidence, interdependence and creativity
- Custom made solutions to their kids and multidisciplinary and holistic approach to learning that incorporated and took into consideration the different ways each child learns
- Smaller classes/groups and emphasis on outcome based learning
- A school making use of the vast opportunities within ICT
- The physical health and nutrition are critical to young minds; these tenants have been embedded in our teaching model



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# Daily Schedule

This structured learning schedule will provide students with consistency while providing springboard for thought and creativity!

## Monday - Friday

8:30-9:15

Mathematics

9:30 - 10:30

Science

10:45 - 12:00

Foreign Languages

12:00 - 13:00

Lunch

13:00 - 14:00

English/Literature

14:15 - 15:00

Elective

15:00 - 16:00

Wellness & Health  
Education



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# Electives & Humanities

This set of electives is designed to help students explore interests and critical think about issues and topics that affect their current world.

Food Preparation  
Geography  
Information Technology  
World History:  
African  
Western  
Asian  
South American  
Middle East  
Organic Agriculture  
(H) Music Production  
(H) Hospitality  
(H) Organic Farming  
Debate  
Philosophy  
Model United Nations  
Social Media Marketing  
Game Theory  
Critical Thinking  
Art

***(H) High School Students***



# Pre-K & Kindergarten Schedule



## MON, WED & FRI

9:00 -9:30 Conversation / what do you like ?  
9:30-10:00 English /Alphabet recognition  
10:00-10:15 BREAK  
10:20-10:45 Math/ number recognition  
10:45-11:15 Summary  
11:15-11:20 BREAK  
11:20-11:45 Science How to grow plants  
12:00-1:00 LUNCH  
1:00-2:30 NAP TIME (Kindergarten Electives time)  
2:30-3:00 Electives  
3:15 -HOME Departure

## TUE & THU

9:00 -9:30 Conversation / what do you like ?  
9:30-10:00 English /Alphabet recognition  
10:00-10:15 BREAK  
10:20-10:45 Math/ number recognition  
10:45-11:15 Summary  
11:15-11:20 BREAK  
11:20-11:45 Science How to grow plants  
12:00-1:00 LUNCH  
1:00-2:30 NAP TIME (Kindergarten Electives time)  
2:30-3:00 Electives  
3:15 -HOME Departure

# Electives

- Magic school bus (science)
- Cookie making
- Life skills
- Arts and crafts
- Painting
- Board games
- Making play dough
- Making fruit salad
- Making sandwich
- Drawing book
- Soap making
- Creating a crown
- Picture frame
- Kite
- Birthday poster
- Show and Tell
- Bubbles
- Painting hands



# Health & Nutrition Activities



Nutrition education is a vital part of a comprehensive health education program and empowers children with knowledge and skills to make healthy food and beverage choices.

Given the important role that diet plays in preventing chronic diseases and supporting good health, schools would ideally provide students with more hours of nutrition education instruction and engage teachers and parents in nutrition education activities. Research shows that nutrition education can teach students to recognize how healthy diet influences emotional well-being and how emotions may influence eating habits. The Cottage School has incorporate this tenants in the daily curriculum. We will be the first ALL-VEGAN educational institution in Kenya where health and nutrition is a priority!

## **PRE-K & KINDERGARTEN**

12,000 KES per month

## **PRIMARY & MIDDLE SCHOOL**

15,000 KES per month

## **JUNIOR HIGH & HIGH SCHOOL**

15,000 KES per month

## **VEGAN LUNCHESES & SNACKS**

3,000 KES per month

## **EXTRACURRICULAR ACTIVITIES**

*Will Vary according to Activities; parents  
will be notified in advanced*

# Fee Schedule



Education is a social responsibility and should not be a business or burden. PNLs is a non-profit institution designed to develop the young minds of students. In collaboration with parents, PNLs seeks to give students a love for learning, respect for life and the environment and to help them harness the knowledge needed for them to a live productive life.



# MAKE A DONATION

We believe that schools can be better...but we need your help! PNLIS International School trains young mind not to just be academically successful or pass tests but rather how to pass the greatest test of them all...LIFE!

**Paypal:**

[info@paradisnaturalliving.org](mailto:info@paradisnaturalliving.org)

**Bank Details:**

PARADISE NATURAL LIVING SOCIETY

National Bank of Kenya

MPESA PAYBILL: 625625

Account No.: 01285125145100



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**FINAL WORDS**

**ALWAYS WALK  
THROUGH LIFE AS IF  
YOU HAVE SOMETHING  
NEW TO LEARN.**

VERNON HOWARD